

Molly:

The Peaceful Way Wellness Yoga Teacher Training provides more than just a curriculum of study. Megan's patience and commitment to her student's as individuals gave me the confidence to put the education into action. She is generous with her time and feedback and puts so much thought into each assignment. The intimate class size at Peaceful Way Wellness allows the students to build a bond and a deep connection that otherwise may be lost in a large group. I am so grateful for the experience and feel incredibly prepared to share yoga with the world!

Alexandra:

Peaceful Way Wellness gave me all of the tools I need to sequence meaningful and cohesive yoga classes. Peaceful Way Wellness created a safe and relaxed environment for all of the trainees to learn and grow from each other and I can see the immense progress that took place within myself as a result of it. Peaceful Way Wellness was a great first-time training that has encouraged me to continue my education as a yoga instructor for years to come.

Judith:

Megan provides a heart-felt, authentic training which honors the roots and original spirit of the Eight Limbs of Yoga. She fosters honesty, deep thinking, and integrity.

Jan:

The 200-hour teacher-training at the Peaceful Way Wellness Yoga School is an excellent program. The program is well designed and the teacher is very knowledgeable. I would strongly recommend the 200-hour teacher training to those who are new to yoga and also those who have been taking yoga classes for several years. Your knowledge and skills will grow immensely!

Pamela:

Through this program I learned how to incorporate a yoga lifestyle for myself and how to teach this lifestyle to others. The small class size allowed for individualized attention and a great learning experience. I feel confident in my yoga teaching abilities and would highly recommend this program.

Tina:

Megan Lutz's school is professional, challenging academically, provides experience that is unparalleled in the area, and gives loving non-judgemental instruction.

Chantaal:

It was a very personal, spiritual and awakening experience. The camaraderie with my fellow students was very uplifting and enlightening. My yoga guru was very knowledgeable and experienced.

Emily:

Overall good program. The whole process was a great learning experience and we gathered a lot of great insights into the basic application of yoga in a 200 hour level class.